

momentum

*multiply*



**Eat  
Sleep  
Move  
Breathe  
Connect**

Multiply **Engage 2024**



## There's a REWARD for EVERY BODY!

Good health is your biggest asset

Get rewarded from day one for every step you take to look after your mental and physical health.



Know your health



Know what to do



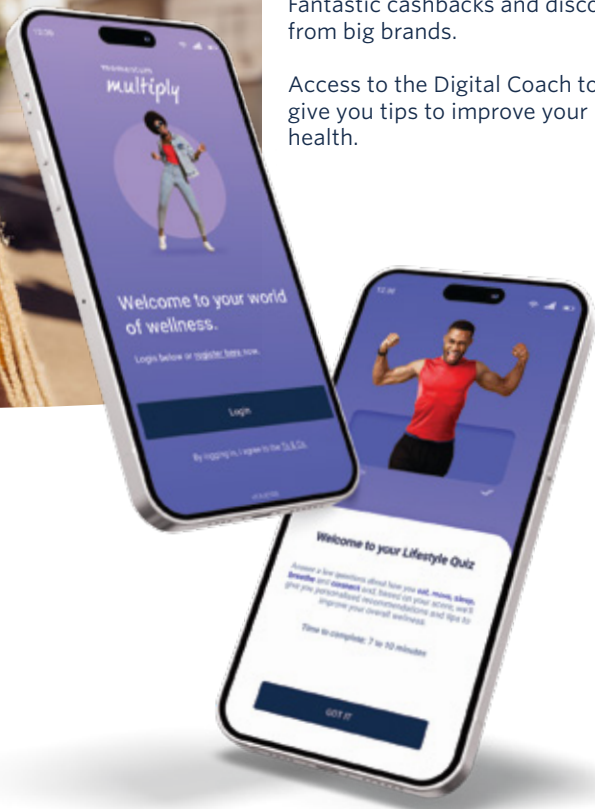
Get rewarded

# What you get with Multiply Engage

A personalised journey that rewards you from day one for living healthy.

Fantastic cashbacks and discounts from big brands.

Access to the Digital Coach tool to give you tips to improve your health.



## Wellness and rewards at your fingertips

It all happens on the Multiply app. **Download the latest version of the app** and register your profile to start earning from day one.



# Know your health

Knowing how healthy you are is the first step

## Lifestyle Quiz

Complete a quick quiz on the app and get personalised recommendations on how to maintain or improve your health from our Digital Coach tool.

## Digital Coach Tool

Get daily personalised tips on how to maintain or improve your health from our Digital Coach tool.

## Health assessment

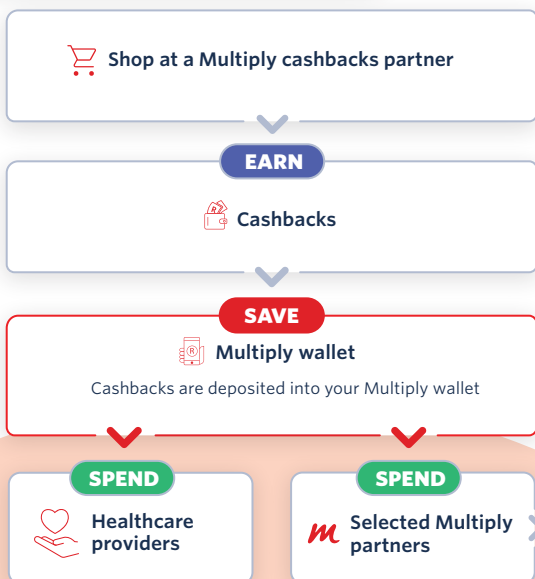
See how healthy your heart is and get a Healthy Heart Score.

## Fitness assessment

Do a fitness assessment and know your fitness level.



Book your health and fitness assessment on the Multiply app.





The healthier you are,  
the more you score!

If you're a Multiply Engage Plus member, the result of your health and fitness assessment give you a partner rewards level.

**Upgrade to Multiply Inspire Plus, reach rewards level 5 and save up to 60% when you shop at Multiply partners.**

# Know what to do

Look after your body  
and mind



Log in  
to the  
Multiply  
app



Link your  
fitness app  
or device



Active Dayz

Earn Active Dayz by taking  
10 000 steps a day or  
burning 300 calories during  
a workout.



Scan your  
finger



Recharge Dayz

Do a simple finger scan with  
your smartphone's camera,  
get a good score, and earn  
Recharge Dayz.

Turn your small, everyday efforts into WINS!

## Weekly Wins

Weekly Wins rewards you for consistent physical activity. Get Active Dayz, achieve your weekly activity goals and get a treat.

① Sync your fitness  
app or device  
every day

② Achieve your goal

③ Earn cashbacks

Voucher



Coffee

Voucher

## Boosted weekly rewards

Got your activity locked down? Get Recharge Dayz, achieve your Recharge Goals and score another treat.

Available to Multiply Engage  
Plus members.





# Get rewarded

Partner rewards from day one

Multiply  
Engage  
Base level

Multiply  
Engage Plus  
Level 1 - 5

## HEALTH & LIFESTYLE



2%

4%-12%



-

2%-10%

**Checkers**

3%

4%-12%

**SHOPRITE**

3%

4%-12%

**Pick n Pay**

-

2%-10%

**WOOLWORTHS**

3%

4%-12%

**BOXER**

5%

7%-15%

**makro**

3%

5%-15%

**db DINNERBOX**

10%

12%-20%

*we are*  
**FOOD**  
WAPVELDSE FOOD FOR YOUR FREEZER

10%

12%-20%

**PLATED**  
CONVENIENCE

10%

15%-25%

**TAILORBLEND**  
CUSTOM NUTRITION MADE EASY

10%

15%-25%

**hello coach**

20%

20%



Multiply  
Engage  
Base level

Multiply  
Engage Plus  
Level 1 - 5

SPORTS & FITNESS

 GARMIN™

10%

20%-40%

 planetfitness

10%

20%-50%

 Virgin active

10%

20%-40%

 SPORTSA  
www.sportsa.co.za

10%

15%-25%

 soSerene

20%

30%-50%

 SWEAT GEAR™

15%

15%-35%

TRAVEL & ENTERTAINMENT

 NuMetro

30%

40%-60%

 Booking.com

10%

12%-20%

 FlySafair®

5%

5%-30%

 lift

5%

5%-25%

 AVIS

7,5%

10%-40%

 AIRLINK

5%

5%-25%

 QATAR AIRWAYS  
الخطوط القطرية

5%

5%-30%

 Emirates

10%

10%-40%

# Start earning today!

Download the Multiply app to get started

Multiply Engage

Multiply Engage Plus

## KNOW YOUR HEALTH

Lifestyle Quiz



Multiply Digital Coach tool



Health assessment



Fitness assessment



## IMPROVE YOUR HEALTH

Active Dayz



Recharge Dayz



Weekly Wins and boosted weekly rewards



## GET REWARDED

(Base level)

(Reward level 1-5)

Partner discounts and cashbacks



Multiply wallet



GET IT ON  
Google Play

Download on the  
App Store

EXPLORE IT ON  
AppGallery

## Multiply Engage Plus fees



Main member

**R175**



Partner/  
spouse

**R80**



Adult  
dependant  
(18 years  
and older)

**R35**



Child  
dependant  
(7-17)

**R20**



Child  
dependant  
(Under7)

**Free**



## Chat with us



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